

OPERATING INSTRUCTIONS - EN

A large yellow diagonal graphic element, resembling a stylized arrow or a thick line, pointing from the top-left towards the bottom-right. It is positioned behind the main title text.

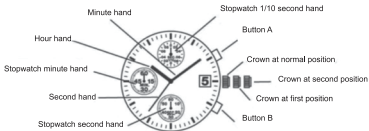
**THE  
BIG  
TIME!**

**QUANTUM**



- A) DISPLAY AND CROWN/BUTTON OPERATION
- B) ADJUSTING THE STOPWATCH HAND POSITION
- C) TIME SETTING
- D) HOW TO USE THE STOPWATCH

### A) DISPLAY AND CROWN/BUTTON OPERATION



- The measured time is indicated by the stopwatch hands that move independently of the center hands.
- Stopwatch 1/10 second hand moves for the first minute. After one minute, it indicates the measured time when it is stopped.

### B) ADJUSTING THE STOPWATCH HAND POSITION

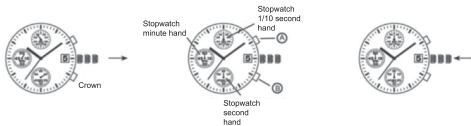
Before setting the time, check if the stopwatch 1/10 second, second and minute hands are at the "0" (12 o'clock) position if the stopwatch is in use, press the button in the following order to reset it, and then, check if the hands return to "0" position. (For details, see, "HOW TO USE THE STOPWATCH")

If the stopwatch is counting: (B) → (A) → (B)

If the stopwatch is stopped: (B)

- If either of the stopwatch hands are not at the "0" position, reset them following the procedure below:

If the stopwatch is counting: (A) → (B)



1. Pull out the crown to the second click position.
2. Press button (A) or (B) to reset the stopwatch 1/10 second, second and minute hands to "0" position
  - By pressing button (A), set the stopwatch 1/10 second hand.
  - By pressing button (B), set the stopwatch second hand and minute hands.
  - The stopwatch minute hand moves correspondingly with the stopwatch second hand.
  - The hands move quickly if the respective buttons are kept pressed.
3. Push the crown back to the normal position.

### C) TIME SETTING

- Before setting the time, check that the chronograph measurement is stopped.



1. Pull out the crown to the first click position.
2. Turn the crown clockwise until the previous day's date appears.
3. Pull out the crown to the second click position when the second hand is at the 12 o'clock position. It will stop on the spot and advance the hour and minute hands by turning the crown.
  - When the crown is at the second click position, do not press any button. Otherwise, the chronograph hands will move.
4. Push the crown back in to the normal position in accordance with a time signal.

- Do not set the date between 9.00 p.m. and 1.00 a.m.. Otherwise, the day may not change properly. If it is necessary to set the date during that time period, first change the time to any time outside it, set the date and then reset the correct time.

#### D) HOW TO USE THE STOPWATCH

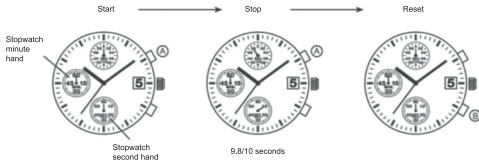
- The measured time is indicated by the stopwatch hands that move independently of the center hands.
- The stopwatch can measure up to 60 minutes in 1/10 seconds.

Standard measurements

Ex. 100 m race

Press the buttons in the following order:

(A) → (A) → (B)

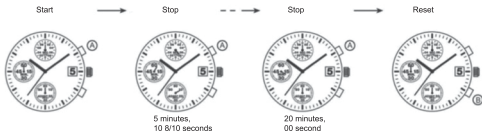


### Accumulated elapsed time measurement

Ex. Basketball game

Press the buttons in the following order:

(A) → (A)/(A) → ... → (A) → (B)



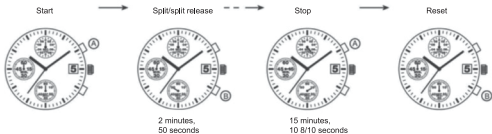
- Restart and stop of the stopwatch can be repeated as many times as necessary by pressing button (A).

### Split time measurement

Ex. 5,000 m race

Press the buttons in the following order:

(A) → (B)/(B) → ... → (A) → (B)



- Measurement and release of the split time can be repeated as many times as necessary by pressing button (B).

OPERATING INSTRUCTIONS - DE



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